

### UT-TSU Extension Coffee Co.

931-723-5141 coffee.tennessee.edu

facebook.com @coffeecoext

Remind Texts: @e26bcf to 81010

Newsletter: tiny.utk.edu/cc4hnews

# 4-H SPECH CONTEST



### **Meeting Date:**

Class:

## TIMES & TOPICS

4th Grade: 1-3 minutes on any topic

5-8th Grade: 2-7 minutes on any topic

9-12th Grade: 3-7 minutes about 4-H



# PREPARING FOR YOUR 4-H SPEECH

#### PICK A TOPIC

Pick a famous person, a favorite animal, or part of your project area to talk about in your speech. Then, narrow it down a little. Instead of talking about dogs, research and write a speech about one breed of dogs.

#### PICK 2-3 HIGHLIGHTS

These are the main points or highlights of your speech. This will help you to organize your speech.

#### **CREATE AN OUTLINE**

Rather than writing a script to memorize, write an outline of your main points

#### TIE UP THE ENDS (

Decide how you will introduce your topic. Will you use a joke, a question, or a fact? Also create a nice ending. Recap what you discussed and maybe challenge your audience to act on what they learned.

#### PRACTICE WITH NOTECARDS

Transfer your bullet points from your outline to note cards. Practice giving your speech while holding them. Try to look at the audience and only glance at your cards when you need to. Don't read your speech.

#### PRACTICE, PRACTICE, PRACTICE

Practice your speech until you are comfortable with it. Ask your family and friends if you can practice your speech with them. You can even practice with your pets or in the mirror!

#### PRACTICE TIPS

Don't forget to breathe! Take a breath between sentences and main points. Stand up straight, smile, and try to make eye contact with your audience. Speak clearly and loud enough for everyone to hear.

#### SPEECH DAY!

This is the day! If you have practiced, you will do great! Remember to stand up straight, take a deep breath, and do your best.



